ELEV8: THE INTENSIVE 2023 SCHEDULE

DAY 1 - JULY 31

	Studio 1	Studio 2
4:30 PM	**MAROON CHECK-IN** 4:30 - 4:45 PM AGES 12+	**BLUE CHECK-IN** 4:30 - 4:45 PM AGES 7-11
4:45 PM	**Mackenzi** ALL LEVELS WARM UP 4:45 - 5:00 PM	
5:00 PM 5:15 PM 5:30 PM	**Donielle** Horton Modern 5:00 - 5:45 PM	**Mackenzi** Jazz Technique 5:00 - 5:45 PM
5:45 PM 6:00 PM 6:15 PM	**Donielle** Hip Hop 5:45 - 6:30 PM	**Mackenzi** Contemporary 5:45 - 6:30 PM
6:30 PM 6:45 PM 7:00 PM	**Mackenzi** Contemporary 6:30 - 7:15 PM	**Donielle** Musical Theatre 6:30 - 7:15 PM
7:15 PM 7:30 PM 7:45 PM	**Mackenzi** Musical Theatre 7:15 - 8:00 PM	**Donielle** Hip Hop 7:15 - 8:00 PM
8:00 PM 8:15 PM 8:30 PM	**Mackenzi** Cool Down/Stretch 8:00 - 8:30PM	

DAY 2 - AUG 1

	Studio 1	Studio 2
4:30 PM	**MAROON CHECK-IN** 4:30 - 4:45 PM AGES 12+	**BLUE CHECK-IN** 4:30 - 4:45 PM AGES 7-11
4:45 PM	**Katy** ALL LEVELS WARM UP 4:45 - 5:00 PM	
5:00 PM 5:15 PM 5:30 PM	**Jay** Dance Team Jazz Funk 5:00 - 5:45 PM	**Katy** Improv 5:00 - 5:45 PM
5:45 PM 6:00 PM 6:15 PM	**Jay** Latin 5:45 - 6:30 PM	**Katy** Jazz Funk 5:45 - 6:30 PM
6:30 PM 6:45 PM 7:00 PM	**Anna** Dance Team Technique 6:30 - 7:15 PM	**Jay** Hip Hop 6:30 - 7:15 PM
7:15 PM 7:30 PM 7:45 PM	**Anna W** Lyrical 7:15 - 8:00 PM	**Jay** Latin Jazz 7:15 - 8:00 PM
8:00 PM 8:15 PM 8:30 PM	**Anna W** Pathways to Collegiate Dance SEMINAR 8:00 - 8:30 PM	

DAY 3 - AUG 2

	Studio 1	Studio 2
4:30 PM	**MAROON CHECK-IN** 4:30 - 5:00 PM AGES 12+	**BLUE CHECK-IN** 4:30 - 5:00 PM AGES 7-11
5:00 PM 5:15 PM 5:30 PM	**Mackenzi Conditioning & Injury Prevention SEMINAR** 5:00 - 5:45 PM ALL LEVELS	
5:45 PM 6:00 PM 6:15 PM	**Mackenzi** Warm Up 5:45 - 6:30 PM ALL LEVELS	
6:30 PM 6:45 PM 7:00 PM	**Ryley** Intro to Breaking 6:30 - 7:15 PM ALL LEVELS	
7:15 PM 7:30 PM 7:45 PM	**Mackenzi** Jazz 7:15 - 8:00 PM	**Katy** Lyrical 7:15 - 8:00 PM
8:00 PM 8:15 PM 8:30 PM	**Mackenzi** Acro/Floorwork 8:00 - 8:30 PM	

DAY 4 - AUG 3

	Studio 1	Studio 2
4:30 PM	**MAROON CHECK-IN** 4:30 - 4:45 PM AGES 12+	**BLUE CHECK-IN** 4:30 - 4:45 PM AGES 7-11
4:45 PM	**Alexa** ALL LEVELS WARM UP 4:45 - 5:00 PM	
5:00 PM 5:15 PM 5:30 PM	**Alexa** Navigating Social Media SEMINAR 5:00 - 5:30 PM	**Anna** Ballet 5:00 - 5:30 PM
5:45 PM 6:00 PM 6:15 PM	**Alexa** Heels (13+) 5:30 - 6:15 PM	**Anna** Lyrical (7-12) 5:30 - 6:15 PM
6:30 PM 6:45 PM 7:00 PM	**Alexa** Commercial Dance & Camera Work 6:15 - 7:00 PM	**Anna** Jazz 6:15 - 7:00 PM
7:15 PM 7:30 PM 7:45 PM	BREAK	
8:00 PM 8:15 PM 8:30 PM	**ALL LEVELS AWARDS / SCHOLARSHIPS** 7:15 - 8:00 PM	