



ELEV8: THE INTENSIVE 2022 SCHEDULE

	DAY 1 - JUNE 20		DAY 2 - JUNE 21		DAY 3 - JUNE 22	
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
12:30 PM	TEENS/SENIORS CHECK-IN		TEENS/SENIORS CHECK-IN		TEENS/SENIORS CHECK-IN	
1:00 PM	JAZZ FUNK (Alexa) 1:00 - 2:00 PM		WARM UP & CONTEMPORARY JAZZ (Katy) 1:00 - 2:50 PM		LYRICAL (Jay) 1:00 - 2:00 PM	
1:30 PM					LATIN (Jay) 2:00 - 2:50 PM	
2:00 PM	HEELS (Alexa) 2:00 - 2:50 PM *SENIORS ONLY*	LYRICAL (Kimmy) 2:00 - 2:50 PM *TEENS ONLY*	CROSS CONDITIONING (Anna) 3:00 - 3:50 PM		HIP HOP (Karielle) 3:00 - 3:50 PM	
2:30 PM						
3:00 PM	CONTEMPORARY (Jenna) 3:00 - 3:50 PM		JAZZ TECHNIQUE (Anna) 3:50 - 4:45 PM		AWARDS & SCHOLARSHIPS 4:45 - 5:15 PM	
3:30 PM						
4:00 PM	IMPROVISATION (Jenna) 3:50 - 4:45 PM		LECTURE: PATHWAYS TO PROFESSIONAL DANCE (Anna) 4:45 - 5:15 PM		MINIS/JUNIORS CHECK-IN	
4:30 PM						
5:00 PM	LECTURE: NUTRITION FOR DANCERS (Christina) 4:45 - 5:15 PM	MINIS/JUNIORS CHECK-IN	JAZZ TECHNIQUE (Anna) 5:30 - 6:00 PM		HIP HOP (Karielle) 5:30 - 6:15 PM	
5:30 PM			IMPROVISATION (Jenna) 6:00 - 6:45 PM		JAZZ FUNK (Ryanne) 6:15 - 6:45 PM	
6:00 PM	JAZZ (Christina) 6:00 - 6:45 PM					
6:30 PM			AWARDS & SCHOLARSHIPS 6:45 - 7:30 PM			
7:00 PM	LYRICAL (Christina) 6:45 - 7:30 PM					
7:30 PM						